# **Trust & Teaming Forum**

**Self Study Materials** 

Date Sept 10<sup>th</sup> 2020

THELINUX FOUNDATION



#### Instructions

- The Trust & Team building Seminar consists of 2 phases
  - ➤ Phase 1: The participants complete the self study portion
    - This includes review of Videos and recording thoughts as requested
  - Phase 2: the participants attend the Forum session where the topics reviewed are openly discussed.
- Review each slide, watch the associated Video, and record your thoughts as requested on the slide. Do this PRIOR TO the Forum session
  - >You must bring your completed deck to the Forum to be able to participate



#### Why is Trust Important:

- ➤ Review the Stephen M.R. Covey video below:
  - https://www.youtube.com/watch?v=IriCJ3z5tVs
- > Define 1 to 3 actions you can take to implement the 3 Steps
  - > Declare intent
    - Record your actions here
  - ➤ Signal Behavior
    - Record your actions here
  - ➤ Deliver
    - > Record your actions here
  - > Why do you think trust is important for the Meld Project?
    - Record your actions here
  - What are the issues you see preventing trust?
    - Record your actions here



### Building a New Team

- ➤ Review the 4 Phases of Building a Team Video:
  - https://www.youtube.com/watch?v=nFE8laoInQU
- Take a few moments and think back when you were part of a new team forming. Did you experience the phases listed below?
  - > Forming
  - > Storming
  - ➤ Norming
  - > Performing



### Establishing Trust: Starting with "self"

- ➤ Review The Four Agreements Video: <a href="https://www.youtube.com/watch?v=7Wiz-L-4Wao">https://www.youtube.com/watch?v=7Wiz-L-4Wao</a>
- Think about the following statements and how you see them happening in your life:
  - Be impeccable with your word: Do what you said you would do, when you said you would do it.
  - Don't take anything personally: Someone's frustration with you is about them, not you.
  - >Don't make assumptions : Always ask for clarification
  - > Always do your best: And your best will be different everyday



## Establishing Trust: Starting with "self"

➤ Listen to the Audio:



- >Or read the story in the speaker Notes.
- Discuss where you see each agreement being broken and how you propose they would be fixed

Agreement	Who Broke?	How?
Be impeccable with your word		
Don't take anything personally		
Don't make assumptions		
Always do your best		





#### Establishing Trust: Crucial Conversations

- ➤ Watch the Crucial Conversations Video: https://www.youtube.com/watch?v=s-ZKkDpeleE
- Take notes as you watch. We will be discussing the concepts in the forum portion of the Seminar.



#### References

- Stephen M. R. Covey (2006); The Speed of Trust; FranklinCovey
- ➤ Joseph Grenny, Ron McMillan, Al Switzler (2012); Crucial Conversations; McGraw-Hill Education
- Don Miguel Ruiz (1997); The Four Agreements; Amber-Allen Publishing

